



Mouthguards Online

Guide to heating temperatures of Material.

*Please note different thermoforming machines and techniques will effect the accuracy of suggested times provided.

Preheat thermoforming machine for 1min 45sec for consistency.

Time indication in minutes and seconds.

1mm – 1.10

1.5mm – 1.20

2mm – 1.40

4mm – 2.40

5mm – 3.00

Hold time once plunger released on machine 1.45 seconds or longer if time permits to ensure blank has cooled once adapted over model.